**Roasted Pumpkin Seeds**

Ingredients

½ c. pumpkin seeds

2 tsp. melted butter

2 tsp. sugar

2 tsp. cinnamon

1/8 tsp. nutmeg

Pinch of salt

Directions

Preheat oven to 325 degrees.

Mix all the above ingredients together.

Arrange on baking sheet in a single layer .

Bake 30 minutes or less.

Let cool

Store in an air tight container.

Use on salads, soups or just eat plain.

Enjoy☺